

JOY

For The Rest Of Your Life

“Conquering Complaining”

“Do everything without complaining or arguing, so that you may become blameless and pure, children of God in a crooked and depraved generation, in which you shine like stars in the universe.”
Philippians 2:14-15

FOUR COMMON TYPES OF COMPLAINERS

1. The “Whiner”: **DAVID**
“Have I been wasting my time? Why take all the trouble to be pure? All I get out of it is trouble and woe.” Psalm 73:13

Favorite Phrase: **THAT’S NOT FAIR**
“They took their money and started grumbling against their employer...we put up with a whole days work in the hot sun...yet you paid them the same as you paid us.” Matthew 20:11-12
2. The “Martyr”: **MOSES**
“Moses said to the Lord, ‘Why pick on me, to give me the burden of a people like this? I can’t carry this nation by myself...If you’re going to treat me like this, please kill me right now...’” Numbers 11:11-15

Favorite Phrase: **NO ONE APPRECIATES ME**
3. The “Cynic”: **SOLOMON**
“Life is useless...you spend your life working and what do you have to show for it?” Ecclesiastes 1:2

Favorite Phrase: **NOTHING WILL EVER CHANGE**
4. The “Perfectionist”: _____
“A nagging wife (or husband) is like water going drip, drip, drip on a rainy day.” Proverbs 27:15

“Better to live out in the desert than with a nagging, complaining spouse.” Proverbs 21:19

Favorite Phrase: **IS THAT THE BEST YOU CAN DO?**

HOW TO CONQUER COMPLAINING

1. **ADMIT IT IS A PROBLEM**
“A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.” Proverbs 28:13

2. **ACCEPT RESPONSIBILITY FOR YOUR OWN LIFE**

"Some people ruin themselves by their own stupid mistakes and then blame the Lord." Proverbs 19:3

3. **DEVELOP THE ATTITUDE OF GRATITUDE**

"Give thanks in all circumstances, for this is God's will for you in Christ Jesus." 1 Thessalonians 5:18

4. **LOOK FOR GOD'S HAND IN ALL CIRCUMSTANCES**

"This small and temporary trouble we suffer will bring us tremendous and eternal glory, much greater than the trouble. So we fix our attention, not on the things that are seen, but on the things that are unseen." 2 Corinthians 4:17-18

5. **PRACTICE SPEAKING POSITIVELY**

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." Ephesians 4:29